

Food and Nutritional Sciences – Sports & Exercise Course Sequence

based on 2018-19 catalog requirements

This Suggested Course Sequence is a potential plan for how to complete the major within four years. Please consult with a departmental faculty advisor for course advisement.

Year One - Autumn	Winter	Spring	Any Quarter	Comments
CHM 1310 FCS 1050 (2; or Spring)	CHM 1330	CHM 1360		Take the math placement test in preparation for Statistics (MAT 2360) in year two.
Year Two – Autumn	Winter	Spring	Any Quarter	Comments
BIO 2129 FCS 2365 FCS 3240 (or Winter)	BIO 2130 FCS 3365 (or Spring)	FCS 2375 (or Autumn or Spring in year 3) HHP 3580	MAT 2360 FCS 3340 HHP 1301 (3 cr)	
Year Three – Autumn	Winter	Spring	Any Quarter	Comments
FCS 3352 HHP 3570 (or Winter)	FCS 4330 FCS 4370 (3 cr; or Spring) FCS 3321 (3 cr; or Spring)	BIO 3351 FCS 4310 (3 cr)		.
Year Four – Autumn	Winter	Spring	Any Quarter	Comments
FCS 4340 HHP 4585	FCS 4352 (3 cr)	FCS 4367	FCS 4899 (3 cr)	

All courses are sequential, unless otherwise noted.

Preferably by the end of your sophomore year, apply to the major upon successful completion of CHM 1310, 1330, 1360; BIO 2129 and 2130; FCS 1050 and 2365 or 3340.